

PRESTIGE ORTHOPAEDICS & SPORTS MEDICINE

11939 Rancho Bernardo Rd. Suite 115, San Diego, CA 92128
P: (858) 705 – 6130 F: (858) 400 - 4080

Occupational Therapy Recommendations

LOCATION:	ADDRESS:	CONTACT:	COMMON ACCEPTED INSURANCES:
Select Physical Therapy	<u>Poway:</u> 15525 Pomerado Rd STE C8, Poway, CA 92064 <u>Del Mar:</u> 11512 El Camino Real STE 110, San Diego, CA 92130 <u>Mission Valley:</u> 4910 Directors Pl Suite 370, San Diego, CA 92121 <u>Santee:</u> 10538 Mission Gorge Rd #120, Santee, CA 92071	<u>Poway:</u> (858) 674-4263 <u>Del Mar:</u> (858) 793-1460 <u>Mission Valley:</u> (858) 554-0522 <u>Santee:</u> (619) 312-6109	Call facility to determine in network insurances and coverage.
Pro Active Physical Therapy	<u>Rancho Bernardo:</u> 17150 Via Del Campo Suite #200, San Diego, CA 92127 <u>Carlsbad:</u> 6070 Avenida Encinas, Carlsbad, CA 92011	<u>Rancho Bernardo:</u> (858) 381-5084 Kristin Armstrong CHS <u>Carlsbad:</u> (760) 388-6475	Call facility to determine in network insurances and coverage.
Rise Physical Therapy	<u>La Mesa:</u>	<u>La Mesa:</u> 5360 Jackson Dr # 110, La Mesa, CA 91942 Tiffany CHS	Call facility to determine in network insurances and coverage.
Spine and Sport Physical Therapy	<u>Kearny Mesa:</u> 3760 Convoy St Suite 100, San Diego, CA 92111 <u>El Cajon:</u> 1625 E Main St #104, El Cajon, CA 92021 <u>Oceanside:</u> 2335 Vista Way, Oceanside, CA 92054 <u>San Marcos:</u> 2115 Montiel Rd, San Marcos, CA 92069 <u>Sorrento Valley:</u> 11750 Sorrento Valley Rd #130, San Diego, CA 92121 <u>Imperial Beach:</u> 585 Saturn Blvd Suite A, San Diego, CA 92154	<u>Kearny Mesa:</u> (858) 573-9368 <u>El Cajon:</u> (619) 873-2160 <u>Oceanside:</u> (760) 547-2666 <u>San Marcos:</u> (760) 839-2905 <u>Sorrento Valley:</u> (858) 299-4684 <u>Imperial Beach:</u> (619) 591-1190	Call facility to determine in network insurances and coverage. Medicaid Accepted
Valley PT and Hand Therapy	<u>Escondido:</u> 1815 E Valley Pkwy #5, Escondido, CA 92027	<u>Escondido:</u> (760) 233-9655	Medicaid Accepted
Lucas Health Solutions - Shelli Lucas Dellinger	1224 10 th St #207, Coronado, Ca 92118	(619)726-4931 (858)272-0418	Call facility to determine in network insurances and coverage.